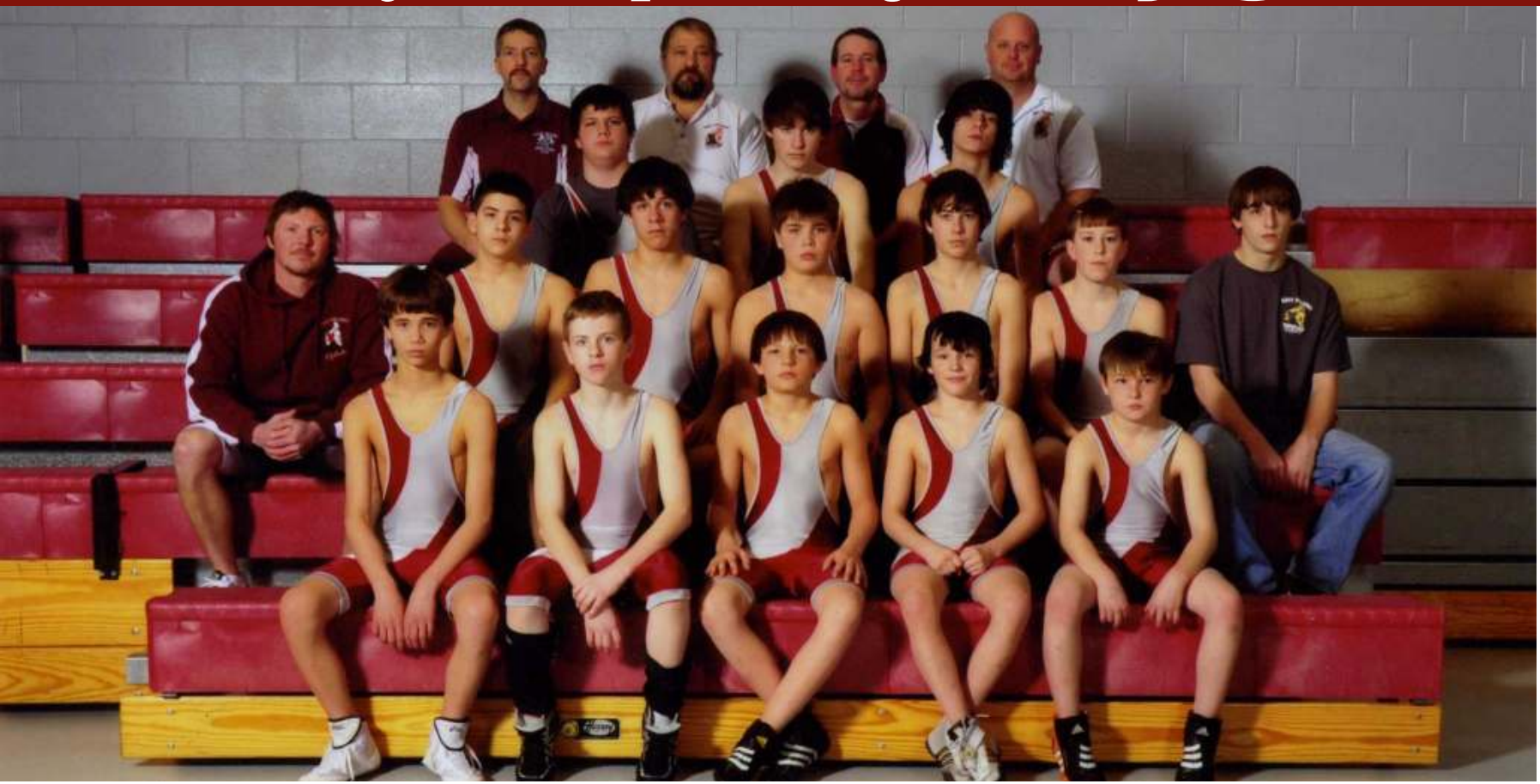




EAST HELENA Wrestling



Join Wrestling! The East Helena Wrestling Club would like to invite your child to join the EHWC Tigers or Middle School Rebels in our 2010 season! EHWC Tigers focus on Folkstyle with Freestyle and Greco thrown in. For boys and girls ages 4-19. The Middle School Rebels wrestle collegiate-style (Folkstyle). For 6-8th graders (Interested 5th graders should contact Sam Bogard prior to registration).

Visit our [Website](http://www.ehwcwrestling.org) for more information and see some great wrestling pictures at www.ehwcwrestling.org

Register Monday, January 4th at the Eastgate School Gym. Parent's meeting at 6 p.m. Registration will follow. Another registration will be held Tuesday, January 5th on the first night of practice. Please bring a copy of your wrestler's birth certificate **OR** Download the registration and medical forms from www.ehwcwrestling.org and send them, the fee (\$75) and a copy of your child's birth certificate to the address on the form. Please attend the parent's meeting on Monday, January 4th.

Doug Bailey, Tiger's Head Coach - 227-5476
Sam Bogard, Rebel's Head Coach - 202-2249
Rob Long, EHWC President - 227-5087

